BUILDING Trust

TEAM DEVELOPMENT PROGRAMS

THE IDEA

Is your team working from a rock-solid foundation of trust? Trust is what enables people to collaborate, build strong respectful relationships and contribute fully to the team's work. It allows them to take on new assignments and take productive risks. Through a series of powerful experiences, we take people out of their comfort zones in a safe, supportive environment where they learn to redefine what is possible. Teams identify ways to create an enduring climate of trust and mutual support that will help them thrive in the workplace. This workshop may involve dramatic high ropes course activities.

> *The session was very productive as you facilitated us through breaking down barriers we had as a group.*
>
> Brian Wismar -
> Regional VP Operations
> New Castle Hotels

THE DETAILS

- Lightly and moderately active challenges including high ropes activities
- Periods of reflection and facilitated discussions
- Presentations of current theories and models pertaining to risk and trust
- Summit Tool Cards
- Personal action planning and identification of team best practices

THE DURATION

- Can be designed as half-day, full-day or multi-day

THE RESULTS

- **Evaluate your personal perceptions of risk**
- **Apply a model for assessing and confronting personal fears**
- **Extend your own comfort zone for taking personal initiative**
- **Identify strategies to build and maintain a high level of trust in your team**
- **Identify strategies to offer and acknowledge co-worker support**

summit
TEAM BUILDING
1-800-685-5278
team@summitteambuilding.com
www.summitteambuilding.com